

Alcohol and Drugs Role Play Activity **TEACHER NOTES**

Lesson Introduction

- Use Healthy Lifestyles Powerpoint **slide 27**

Introduce activity, where children will be role playing some scenarios where they will seek to encourage some friends to join in an activity like drinking some alcohol or smoking a cigarette.

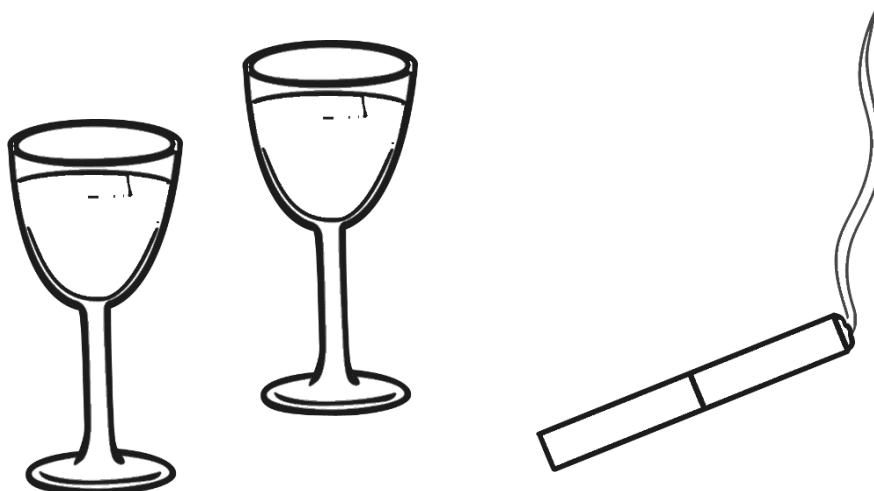
- Use Healthy Lifestyles Powerpoint **slide 28**

A practice scenario is where a group of friends seek to persuade two others to eat some sugary sweets. The aim is to model the activity, and give the children the chance to discuss some of the ideas they will need later.

- Choose 4 children who can leave the room to think how they will persuade other children to join them in eating the sweets.
- The rest of the class discuss how they might respond to the friend's persuasion.
- 2 children are chosen from the rest of the class.
- The 4 children return and the 2 children approach them and act out the scenario.
- Briefly discuss what happens.

Role play

- Group the children and give them an appropriate scenario card.
- Give them time to prepare their scenario.
- Split some of the groups to join the other scenarios and repeat until all the children have been involved in a different scenario to their own.
- Discuss what the children found out from doing the scenarios.



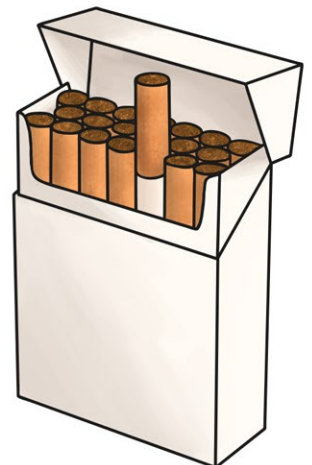
Scenario 1

You and a group of friends find an unsmoked cigarette in a park. One of your friends has some matches and they all decide to try the cigarette. One or two friends join the group, and one of them suggests that you join in.



Scenario 2

You are in a group of friends. One had brought some cigarettes and matches from home, taken from their mother. Your friends decide to try one together. One or two friends join you and suggest that you join in.



Scenario 3

You are in a group of friends.

One of you has taken a £5 note from home and an 18 year old sister is with them. The group persuade her to buy you a large bottle of cider. Your friends start drinking together when one or two friends join you and try to persuade you to join them in drinking the cider.



Scenario 4

You are in a group of friends.

One of you has brought a bottle of beer which they took from home without their parent's knowledge. Your friends start to drink the beer together. One or two friends join you and they offer you some of the beer.



Scenario 5

You are in a group of friends. One of your friends has brought some pills an older brother has given them to look after. Your friends think they are pills that will make them happy, but are not sure exactly what they are. They suggest you try the pills and your friends all agree. One or two friends join you and try to persuade you to try them.



Scenario 6

You are in a group of friends. A man approaches you. You have seen him hanging around before, often with older school boys and girls. He offers you some powder which you can stick up your nose. He says it will make you feel good. He says you can have the powder for nothing. Your friends decide to give it a go. After he's gone, one or two friends join you and they try to persuade you to take some.

